

Suburban Aquatic League

“A” Championship Meet Dates & Deadlines-2012

(See “Championship Procedures” & The Operating Procedures of the SAL – Article X for full details.)

- E-Mail Entries To: cody889@comcast.net (John McGinley) & divingregistrar@suburbanaquaticleague.org (Roberta Lichter).
Your entries must include all your swimming & diving entries.
- Entries Due-Monday January 23, 2012 no later than 6:00 PM
- **REMEMBER; RELAY TIMES MUST BE ACTUAL TIMES SWUM! NO MANUFACTURED TIMES WILL BE ALLOWED! TIMES MUST APPEAR ON THE TOP 40 LIST!**
- Only swimmers who have swum in 40% of your dual meets are eligible to swim at champs.
- Psych Sheet will be posted-Tuesday, January 24, 2012
- Updated Entries Due-Sunday January 29, 2012 no later than 5:PM. (Only updated times permitted!)
- Final Psych Sheets will be posted-Monday, January 30, 2012. Two lists will be posted. One with the top 50 and one with all entered swimmers. (Bring your own copies to seed meeting.)

***** IF YOU FAIL TO MEET AN ENTRY DEADLINE BY 1 HOUR OR LESS, YOUR CLUB WILL BE FINED \$200.00 BY THE LEAGUE. IF YOUR ENTRIES ARE OVER 1 HOUR LATE THEY WILL NOT BE ACCEPTED.*****

Seed Meeting

- Upper Dublin Township Building (Across the street from high school.)
- Monday January 30, 2012
- 7:00 PM start - Bring your own copy of final psych sheets.
- Every team must have a representative in attendance for each seed meeting (Boys, Girls, Diving)

“A” Champs at LaSalle University

Swimming-Sunday, February 12, 2012

Boys -Morning Session

Doors open-7:30 AM
Warm-Up-7:45 AM (exact time & lane to be assigned)
Scratch Meeting-8:00 AM
Meet Starts-9:00 AM

Girls -Afternoon Session

Warm-Up-12:45 PM (exact time & lane to be assigned)
Scratch Meeting-1:00 PM
Meet Starts-2:00 PM

- The Competition course has not been certified in accordance with USA Swimming Rule 104.2.2C (4).
- Water depth is 5 feet at both ends of the pool.
- USA Swimming & Middle Atlantic Swimming shall be free and held harmless from any liability or claims for damages arising by reason of injuries to anyone during the conduct of the meet.

**If a COACH or TEAM REPRESENTATIVE has any questions please call John McGinley: cell # (609) 209-5409
Please do not assume anything. If you are not 100% sure about something, PLEASE CALL ME!!!!**