

2012 SAL WEST DIVISION BOYS CHAMPIONSHIPS

Saturday, February 4, 2012

**Location: Radnor High School Pool
130 King of Prussia Rd. Radnor, PA 19087**

Please enter pool from Radnor-Chester Road. Park along driveway in legal spaces, or in upper parking area. Do not park inside the security gate close to the pool entrance.

Warm up times:

11:00 - 11:20 AM	11:20 - 11:40 AM	11:40 AM - 12:00 PM
LMAC lanes 1-3	UMAC lanes 1-3	MAC lanes 1-3
RAC lanes 4-6	NAAC lanes 4-6	PVAC lanes 4-6

Meet Start Time: 12:15pm

Facility: 6 lane, 25 yard pool, Colorado Timing System Electronic Timing Multi-line Scoreboard

Teams: Lower Merion, Methacton, Norristown, Perkiomen Valley, Radnor, Upper Merion

Rules & Regulations: The meet will follow all rules in accordance with USA swimming guidelines. Fly over starts will be used at this meet. In the water starts on legs 2 and 4 in 8 & under relays. Only swimmers, coaches, officials and meet volunteers will be permitted on the pool deck.

Entries: ENTRIES ARE DUE TUESDAY JANUARY 31 AT MIDNIGHT. EMAIL ENTRIES TO Mike Robinson at coach@radnoraquatic.org All entries must contain your team name in the subject line. You will receive a confirmation email. Swimmers may enter up to three (3) individual events plus relays.

Concessions: Food and drink will be available throughout the meet. Programs and event tee-shirts will be for sale on-site.

Questions: Please direct questions to information@radnoraquatic.org or RAC Head Coach, Mike Robinson at coach@radnoraquatic.org

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Volunteers: Participating teams will be required to supply volunteers for the following positions. **(Team are asked to supply two watches for each timer)**

Team Volunteer Assignments

Job Description	Club
Starter/Referee, Timing Console, Head Scorer, Asst Scorer, Announcer, Awards Coordinator, Heat Winner Ribbons, Volunteer Coordinator	RAC
Awards Table Assistants	RAC/LMAC/UMAC
Stroke and Turn	NAAC
Stroke and Turn	LMAC
Back Up Timer	UMAC
Runner 1	MAC
Runner 2	PVAC
Ready Bench 1	NAAC
Ready Bench 2	LMAC
Ready Bench 3	PVAC
Ready Area Runner	UMAC
Floating Deck Runner	RAC
Lane 1 Deck Parent LMAC	LMAC
Lane 2 Deck Parent UMAC	UMAC
Lane 3 Deck Parent RAC	RAC
Lane 4 Deck Parent PVAC	PVAC
Lane 5 Deck Parent NAAC	NAAC
Lane 6 Deck Parent MAC	MAC
Lane 1 (3 timers)	LMAC
Lane 2 (3 timers)	UMAC
Lane 3 (3 timers)	RAC
Lane 4 (3 timers)	PVAC
Lane 5 (3 timers)	NAAC
Lane 6 (3 timers)	MAC